



# Arbor Gate News

"What's happening  
in the  
Neighborhood"

ARBOR GATE COMMUNITY

MYERSTOWN, PA

March 2026, Vol. 27, No. 3

## What's Coming Up

Date	Page	Check page for details.
Mar 9	1	Residents Meeting, 7 PM, Lakeview Center
Mar 14	2	Paul & the Gang, 50's & 60's music, 6 PM, Lakeview Center
Mar 15	2	Look to the Rainbow, 3 PM, Lakeview Center
Mar 17	2	St. Patrick's Day Dinner, 5:30 PM, Lakeview Center
Mar 19	2	Menopause 2: Cruising Through the Change, 2 PM, AMT
Mar 28	3	Newsletter Volunteers Thank You Breakfast, 8:30 AM, Lakeview Center
Apr 22	3	Earth Day Event, 10 AM, details to follow
Apr 25	3	Annual Meet & Greet, 12 PM to 2 PM, Lakeview Center
Jun 6	3	Community Yard Sale, 7 AM - 1 PM
	10	<b>Check full calendar for all activities, dates, and times.</b>



### March Residents Meeting

*Come join us for an entertaining and informative evening!*

**Date:** Monday, Mar. 9, 2026

**Time:** 7:00 PM

**Place:** Lakeview Center LL

**Entertainment:** 6:45 PM

The March pre-resident meeting entertainment will feature Monica Baebler and Larry Siegel in a special preview performance of a romantic scene from "Look To The Rainbow". The musical will be presented in its entirety on March 15th at 3 PM. See page 2 for details.



### TO SUBMIT NEWSLETTER ENTRIES

*Submission deadline is the 15th of each month*

By Email: send information to [arborgatenews@gmail.com](mailto:arborgatenews@gmail.com). Include attachments, if needed. See Guidelines on page 6.

By handwritten entry: place it in the "Newsletter Articles" wooden box in the Activities Room. A paper form is available next to the box.

### Email Blasts

If you would like to receive emails from Arbor Gate's Communication distribution list, which includes recycling reminders, directories, and community announcements, send an email to:

[arborgatecommunication@gmail.com](mailto:arborgatecommunication@gmail.com)

Indicate "Email Blast" in the subject line and type your name, home address, and email address in the body of your email.

### Receiving the Newsletter

**For home delivery** of the Newsletter, call Eileen McIntyre at 610-348-1662. The Newsletter is **available online** in COLOR at: <http://arborgate-pa.org>. If you choose this method, contact Eileen McIntyre at 610-348-1662 to discontinue your paper copy.

**To advertise** in the Newsletter, contact Vicki White at 717-926-3488.

Next newsletter (April) will be delivered on Monday, Mar. 30

## UPCOMING EVENTS

### 50s & 60s Dance

March 14 from 6-9 PM  
at the Lakeview Center.

Even if you do not want to dance, come out and enjoy the night and listen to some great music.

Light refreshments will be served.

Looking forward to seeing you there!

Paul & Gang



### Arbor Gate Community Center

Tuesday, March 17, 2026  
at 5:30 PM

### St. Patrick's Day Dinner

Corned Beef and Cabbage  
Price \$15

Contact Joan Viveiros at  
717-628-1061

### "Look To The Rainbow"

Sunday March 15th at 3:00 PM.

The performance will be followed by an assortment of tasty treats and desserts in a traditional Irish setting.

This charming play with music tells of a lovestruck Irish leprechaun who falls for a pretty American girl with complete speech and hearing loss.

The story is appropriate for children.

Admission is free for all residents.

Questions, contact Gary Cohen (717-866-1771)  
or Claudia Lawrence (717-628-5600).



### Cruising Through the Change

Join us for one of the funniest shows of the year!

**Menopause 2: Cruising Through the Change** at American Music Theatre one day only. Only 40 tickets are available for the matinee.

Tickets are first come first served.

**Show date:** Thursday, March 19 at 2:00 PM

**Cost:** \$63.00

Lunch will be on your own either before or after the show.

Deadline for purchasing tickets has passed.

Ginny Maat 717-383-1448 or 717-389-6311

## UPCOMING EVENTS

### Arbor Gate NEWSLETTER VOLUNTEERS THANK YOU BREAKFAST!

And

April Newsletter pick-up!

**When:** Saturday, March 28

**Where:** Lakeview Center Lower Level

**Time:** 8:30 – 10:00 A.M.

**R.S.V.P** March 23rd (Spouses are welcome)

Eileen McIntyre, Newsletter Distribution (610)348-1662

Ehandbell@comcast.net

### Annual Meet & Greet

Saturday, April 25, from Noon to 2 PM.

Invitations will be sent to residents who have moved into Arbor Gate in the last 12–14 months.

All residents are encouraged to attend and welcome our new neighbors.

Refreshments will be served in the Coffee Shop. There will be a sign-up sheet for donations of cookies and snacks in the Activities Room.

### Earth Day 2026 Event

**Wednesday April 22 at 10 AM**  
(rain date Thursday, the 23rd)

Wednesday, April 22nd, marks the 56th anniversary of Earth Day! This year's theme is **Our Power, Our Planet**, shining a spotlight on renewable energy, strengthening environmental laws, and ending plastic pollution.

The Arbor Gate Community is invited to participate in an Earth Day event on our grounds, with the focus on doing our own part to reduce plastic pollution!

We will be holding a trash cleanup event with the goal of improving the habitat for the wildlife that graces our grounds and enhancing the overall pride in our Arbor Gate community.

Leigh Beamesderfer is spearheading this event and needs Volunteers to help.

If you are interested in participating in the Arbor Gate Earth Day event, please contact Leigh Beamesderfer at 717-507-4521, or Leigh83adks@gmail.com, or sign up at the clubhouse.

Further logistics and details will be shared in the April newsletter and email blasts, as the date draws nearer.

### YARD SALE

The Arbor Gate Community Yard Sale  
Saturday, June 6, 2026, 7 AM to 1 PM.

Rain or shine.

\$2 fee per participating household.

Join the fun and meet new neighbors.  
It is a great day to downsize and pass  
along your unwanted items.

Joan Viveiros 717-628-1061



# COMMUNITY NEWS & INFORMATION

## ATTENTION RESIDENTS

Please remember to check the bulletin boards in the Activities Room for notices of outside events, news, charity requests, and other opportunities.

"Outside" means not sponsored or initiated by the Arbor Gate Residents Committee or the Activities Committee.

For questions, send email to: [arborgatenews@gmail.com](mailto:arborgatenews@gmail.com) or contact any Committee Member.

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## *Our Library*

The library is once again able to accept puzzle donations.

We continue to welcome book donations as well as magazines, provided they are no more than 3 months old.

We appreciate the Community's generosity in supporting our Arbor Gate Library.

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## Fed-Ex Delivery Issues

Dear Residents,

Many of us have experienced delivery problems from FedEx recently. If you have received a delivery to your garage door instead of the front door, you can report the issue to Fed-Ex.

Call Denise at Fed-Ex at 717-583-1535.

You must provide the tracking number on the shipping label.

This is for FedEx ONLY.

## **Volunteers needed!**

We need help to OVERSEE the monthly distribution of the newsletter to ensure that it runs smoothly. This is a great opportunity to help your neighbors receive their newsletters each month.

I will work with the new volunteer to help make it is a smooth transition.

If you are interested, please contact me ASAP.

Eileen McIntyre (610) 348-1662

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## **Coffee Shop News**

**Hours: 8 AM - 10 AM weekdays**

**(closed Thursdays)**

**Wednesday: Breakfasts**

**First Monday: Pancakes**

\$1.00 Coffee - FREE REFILLS  
and soda, tea, water, and snacks.

LEARN A LOT OF USELESS, FUNNY THINGS!

Meet, talk, and laugh with your neighbors.

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## **Sunshine Committee Report**

Mary Leh, "the Sunshine Lady", sends out Get Well, Thinking of You, and Sympathy cards upon request.

Sent in January: Sympathy to Maureen Leinweber, husband

You may request a card to be sent by calling Mary at 717-628-5090 OR by dropping the request in the basket on the front porch of Barb Weiss's home at 3 Greenbriar Drive.

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## *Welcome New Residents*

February 10 - Kerry & Kathe Trimble – 111 Arbor  
February 11 – Kevin & Holly Began – 21 Rosemont

## COMMUNITY NEWS & INFORMATION

### TAX TIME IS ALMOST UPON US

This service is made available through the IRS/AARP Taxaide program. It is also available at the Myerstown Church of the Brethren on Tuesdays and the Lebanon Senior Center on Tuesdays and Thursdays from February through early April.

For an appointment, call 717-644-9090 until April 7, between 8:00 AM and 4:30 PM. Leave a message and someone will contact you.

**All 2025 Income Tax preparation appointments at the Lakeview Center have been filled. Please DO NOT call Marilyn for an appointment.**

For those new to Arbor Gate, the IRS/AARP Taxaide service is one of two nationwide free tax preparation services offered by the IRS.

IRS certified volunteers will complete and e-file both federal and state income taxes, and when applicable, will also prepare local taxes and property tax-rent rebate forms.

Questions call Jack Monahan at 717-866-7508 or Bob Devers at 717-866-5201



Friends and neighbors who passed recently

Jan 14 – Barbara Hess – 39 Springhouse

Jan 22 – Janet Hernley – 5 Springhouse

Jan 24 – Richard Leinweber – 41 Springhouse

Feb 3 – Bernie Didden – 14 Springhouse

### Items to Donate to Lebanon VA Wish List Update

I recently had some residents ask what items they could donate to the Lebanon VA.

Lebanon VA Volunteer Services provided me with a link to Amazon and their wish list.

This link has been placed on the community webpage: <https://arborgate-pa.org/>

The wish list is for in-patients, homeless veterans, and veterans in need.

If you place an order, it is best to have it shipped to your home address. Once you receive it, you can take it to Volunteer Services in building 18 or call me. I will be happy to deliver it for you.

George Raker 717-813-2544



Think  
Positively!

Think  
Spring!

# COMMUNITY NEWS & INFORMATION

## *Marilyn's Monthly Missive*

- Please stay off the lake even if it looks frozen.
- Let's talk about trash / recycling. Be sure whatever you are putting out is clearly marked for trash or for recycling. Do not put trash in a Recycling can or vice versa. If the trash truck comes through, they will think it is recycling. When the recycle truck comes through, they will see it is trash and leave it.

If you are using white trash bags on snow, make sure you spray paint the snow, or spray paint the bag, or put in the middle of your driveway so they can see it.

There are flyers in the Activities Room that list permitted quantities for trash and recyclables.

- Do not leave anything at the shop or behind the yard waste dumpster without asking Butch for permission. If it does not go in the yard waste dumpster, please talk to us.

### Items that can go in dumpster:

Grass clippings  
Small branches  
Small yard waste

### Items that cannot be put into the dumpster:

Dirt  
Stones  
Edging from your yard  
Large bushes  
Trees  
Paper yard waste bags

- If you are an active person who is out in the Community after dark or just want to be visible to motorists, a new resident (James Bogert), gave me reflective vests to hand out to keep you safe. I have many sizes, stop in my office, and pick one up.

- It may not feel like it, but spring is coming. Butch will be finishing the Gazebo and will be putting up the new lights. That is one project I cannot wait to see finished. We can change the color of the lights for holidays, the various seasons, etc.

- Please note: we are aware that the sidewalks and roads have shifted due to the recent exceptionally freezing weather. Until the ground thaws, please be careful walking and driving. There is nothing we can do to fix anything until spring.

## Newsletter Guidelines Summarized

The newsletter is for items that have a clear relationship to the Arbor Gate social activities available to the ARBOR GATE residents. It may also include other information considered "of interest" to the residents at large, but will not include articles pertaining to management issues.

Examples of articles of interest to the community at large are: community service, charitable events initiated by or sponsored by the Activities Committee, Medicare help, tax preparation aid, tax rebates, and special senior events. The newsletter may not be used as a forum or means of debate or solicitation.

All Hometown America management letters and articles will be honored.

There shall be no flyer attachments to the newsletter.

The editor has the right and the duty to edit all articles submitted for publication.

Residents who have their own business can pay to advertise their business at a discounted rate. Please obtain a newsletter ad form from the Newsletter Ad Chairperson.

If an individual would like to run an activity or trip, he/she must do so through the Activities Committee.

*Extracted from the Newsletter Guidelines posted on the bulletin board in the Activities Room.*

*Please contact a Committee Member or send an email to [arbogateneeds@gmail.com](mailto:arbogateneeds@gmail.com) if you have any questions.*

# COMMUNITY ACTIVITIES

Check the full calendar on page 10 for more activities with all the dates and times.

## Activities Committee Meeting

All residents are invited to attend the monthly activities planning meeting to offer suggestions and help plan and organize activities and events for your community.

Your ideas are needed!

This Committee meets monthly on the 4<sup>th</sup> Tuesday at 10:00 AM downstairs in the Lakeview Center.

**The next meeting is Mar. 24.**

Activities Chairperson, Claudia Lawrence  
717-628-5600 / claudialawrence94@yahoo.com

## Singles Luncheon

This is an invitation to all Singles. We have lunch on the **third Wednesday of every month.**

The **next outing** will be **Mar 18**  
at **Knight and Day in Lititz**

We will leave the Center at 11:30 AM

If you are interested in joining us, please call:  
Claudia Lawrence at 717-628-5600 or  
Sandy Boehmer at 717-866-2334.

## Arbor Gate Memory Café

Arbor Gate Memory Café will meet on Thursday, March 12 at 10 AM in the Coffee Shop.

Did you forget to attend Memory Café in February to learn how to Understand Memory Loss in Different Stages?

If so, you may send your contact information to [ducu1960@comcast.net](mailto:ducu1960@comcast.net) and be reminded to attend the March 12 session at 10 AM and learn “When is the right time to move to a Memory Care Community”.

Sessions are led by Janell Brandt, Senior Care Advisor from Linden Village.

Contact Dave or Carol Ulsh, 717-304-8637 or [Ulshducu1960@comcast.net](mailto:Ulshducu1960@comcast.net) with any questions.

## Sewing Club News

The sewing club will meet on Mar 10 at 1 PM in the Lakeview Center.

We will be working on comfort pillows for cancer patients and dresses for children in a mission project.

Candie Falger 717-507-5151 or  
Pat Ping 267-994-6211.

GRIEF  
SUPPORT  
GROUP



## Grief Support

Grief Support is available to those in need.

Contact Barbara Weiss at 717-866-4685.

## Arbor Gate Book Discussion Group

**The group meets the 1<sup>st</sup> Wednesday of the month at 2:00 PM in the Lakeview Center. We invite everyone to attend. If you have questions, contact Linda Manwiller at 717-628-1634.**

**March 4 – Virginia Evans – The Correspondent.**

Through letters to various recipients, Sybil Van Antwerp examines her life and confronts a painful past, learning to find forgiveness and move forward. A national bestseller.

**April 1 – Chris Whitaker – All the Colors of the Dark.** After Patch is abducted and held in darkness, he falls in love with an unseen girl. Upon escape, he spends his life searching for her while his friend, Saint, shadows his journey seeking truth.

# COMMUNITY ACTIVITIES

## MEN'S POOL

Come join us at the Lakeview Center Pool Room for some Team 8-Ball. No experience is required; we do not take it too seriously. No sign-up is necessary — just come down in the morning, evening, or both.

POOL TIMES:

**Monday and Wednesday Mornings 9 - 10 AM**

**Monday and Wednesday Evenings 7 - 9 PM**

For more information contact:  
Wayne McIntyre at 610-505-8090.

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## Stitch 'n Chat

Stitch 'n Chat is a two-part event every Monday from 1 PM to 3 PM in the Lakeview Center Coffee Shop. Some attendees do one part (stitching or chatting) while others are skilled enough to do both.

Stitchery projects can be anything - knitting, crocheting, embroidery, cross-stitch, needle-point, etc.

Need some guidance with a project? Someone else in the group might be able to help you.

The Chat part is often about future projects, but really any non-controversial topic is okay.

Arbor Gate newcomers can learn a lot from the long-term residents.

There are no attendance requirements, so come try it out!

Can't stay the whole time? No problem.

Looking forward to seeing new faces!

Questions, call Patricia Salem 903-352-9352

## Cardio & Strength for Seniors

Join us for fun and exercise at 9 AM on **Mondays** and **Wednesdays**, L-1 of the Lakeview Center.

Questions, contact Nancy Proctor at 717-866-1619.

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## ARBOR GATE GROWING STRONG

Community Strength Training and  
Chair Yoga for Aging Adults

- Increases energy
- Improves strength and balance
- Provides group sociability

Come join us on

**Tuesdays & Thursdays at 9:30 AM**

Check us out!

Both men and women are encouraged to  
join classes anytime.

ALL ARE WELCOME!

**Tuesdays at 6:30 PM is a Tai Chi class**

Joan Viveiros at 717-628-1061 or  
Candie Falger at 717-507-5151

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## Arbor Gate Railroaders

We are open for new members. We meet monthly on the 4th Wednesday at 9:30 AM from January to October at each other's homes, or at the Lakeview Center, and occasionally on field trips to local attractions. We usually have a video after a shared time of stories and RR news. We have visited local Model RR clubs and sometimes full-size excursion railroads.

You need not have a layout or collection, just enjoy getting together with folks with common interests.

Contact Jim Conte at 717-940-4156 or at  
jimconte50@gmail.com



# COMMUNITY ACTIVITIES

## ROMEOs & THE LADIES

R.O.M.E.O.s are Retired Old Men Eating Out

**Thursday is the day.**

**The time is 8 AM**

**The place is the Country Fare Restaurant,**  
on the left of the first banquet room,  
by the windows.

We always have a good breakfast and conversation.

Contact Jim Conte at jimconte50@gmail.com  
or 717-940-4156

**2026 Spring Season**  
**Come JOIN with your neighbors!**



### **ARBOR GATE SINGERS!**

*Music Director - Eileen McIntyre*

*Piano Accompanist – Pat Singer*

**When: Fridays 10 AM – 11:30 AM**

**Where: Downstairs Lakeview Center**

**Rehearsal Dates:**

March 6, 13, 20, 27

April 10, 17, 24

May 1 - Run-Thru

**Spring Concert - Sunday May 3, 3 PM**

**Community Outreach Concert - Monday, May 4**

All men and women who like to sing are encouraged to come and sing with your Arbor Gate neighbors.

Along with rehearsing concert repertoire, we will brush up on choral music skills while practicing good singing techniques. No prior choral experience is needed, just a willing heart!

Come and join the **Fun!**

For more information contact:  
Eileen McIntyre (610)348-1662

## **Come Pray with the Arbor Gate Community Prayer Intercessors!**



*For where two or three come together in my name,  
there am I among them. — Matthew 18:20*

We believe that reaching out in prayer for our neighbors in our community can make a difference. We welcome all who are interested in interceding in prayer for our Arbor Gate neighbors to meet on the **second Wednesday each month at 10:30 AM.**

**Next Prayer Intercession: Wed., Mar. 11  
Lakeview Center, lower level.**

For more information please contact:  
Gloria Boardman 302-242-8293 or  
Eileen McIntyre 610-348-1662

## **Bible Study Groups**

**EVENING CLASS / MEN:** Join us for Bible Study and fellowship around God's word.

We meet in the Center's 1<sup>st</sup> level on Thursdays from 6:30 PM - 8:00 PM.

For more information contact Peter Zanias at 717-628-1590 or  
[ArborGateMensBibleStudy@gmail.com](mailto:ArborGateMensBibleStudy@gmail.com).

**DAY CLASS / WOMEN:** Ladies, you are invited to join us on Mondays from 1:00 PM - 3:00 PM in the Lakeview Center Lower Level for Bible study and fellowship. For more information please contact: Vivian Mayopoulos at 717-507-1255.

**EVENING CLASS / WOMEN:** Ladies, you are cordially invited to join us every Thursday from 7:00 PM to 8:30 PM as we gather to focus specifically on the Word of God, to build one another up in faith, and to enjoy being among friends.

For more information, including the location of the study, please contact: Eileen McIntyre 610-348-1662 or Diane Zanias 717-628-1590.

# March 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
	8 AM Pancake Breakfast 9 AM Men's Pool 9 AM Cardio & Strength Fl 1 ----- 1 PM Ladies' Bible Study Fl 1 1 PM Stitch & Chat 7 PM Men's Pool 7 PM Canasta (Coffee Shop)	9:30 AM Exercise 9:30 AM Ladies' Pool ----- 6:30 PM Tai Chi	8 AM Breakfast 9 AM Men's Pool 9 AM Cardio & Strength Fl 1 9 & 10 AM Ladies' Shuffleboard ----- 2 PM Book Club 7 PM Men's Pool	8 AM ROMEOs & LADIES 9:30 AM Exercise 10 AM Golf (check with Ric) ----- 1 PM Pinochle, Fl 1 1 PM Maj-Jongg (Coffee Shop) 6:30 PM Men's Bible Study Fl 1 7 PM Canasta (Coffee Shop) 7 PM Ladies' Bible Study	10 AM AG Singers rehearsal	
8	9	10	11	12	13	14
2 AM Daylight Savings Time Begins 	9 AM Men's Pool 9 AM Cardio & Strength Fl 1 ----- 1 PM Ladies' Bible Study Fl 1 1 PM Stitch & Chat <b>6:45 PM Entertainment</b> <b>7 PM Residents Meeting</b> 7 PM Men's Pool 7 PM Canasta (Coffee Shop)	9:30 AM Exercise 9:30 AM Ladies' Pool 1 PM Sewing Club ----- 6:30 PM Tai Chi	8 AM Breakfast 9 AM Men's Pool 9 AM Cardio & Strength Fl 1 9 & 10 AM Ladies' Shuffleboard 10:30 AM Prayer Intercessors ----- 7 PM Men's Pool	8 AM ROMEOs & LADIES 9:30 AM Exercise 10 AM Golf (check with Ric) 10 AM Memory Café ----- 1 PM Pinochle, Fl 1 1 PM Maj-Jongg (Coffee Shop) 6:30 PM Men's Bible Study Fl 1 7 PM Canasta (Coffee Shop) 7 PM Ladies' Bible Study	10 AM AG Singers rehearsal	6-9 PM Paul & the Gang 50's & 60's music
15	16	17	18	19	20	21
3 PM Look to the Rainbow	9 AM Men's Pool 9 AM Cardio & Strength Fl 1 ----- 1 PM Ladies' Bible Study Fl 1 1 PM Stitch & Chat 7 PM Men's Pool 7 PM Canasta (Coffee Shop)	9:30 AM Exercise 9:30 AM Ladies' Pool ----- 6:30 PM Tai Chi	8 AM Breakfast 9 AM Men's Pool 9 AM Cardio & Strength Fl 1 9 & 10 AM Ladies' Shuffleboard 11:30 AM Singles Luncheon ----- 7 PM Men's Pool	8 AM ROMEOs & LADIES 9:30 AM Exercise 10 AM Golf (check with Ric) ----- 1 PM Pinochle, Fl 1 1 PM Maj-Jongg (Coffee Shop) 2 PM Cruising Through the Change 6:30 PM Men's Bible Study Fl 1 7 PM Canasta (Coffee Shop) 7 PM Ladies' Bible Study	10 AM AG Singers rehearsal	
22	23	24	25	26	27	28
	9 AM Men's Pool 9 AM Cardio & Strength Fl 1 ----- 1 PM Ladies' Bible Study Fl 1 1 PM Stitch & Chat 7 PM Men's Pool 7 PM Canasta (Coffee Shop)	9:30 AM Exercise 9:30 AM Ladies' Pool 10 AM Activities Committee Meeting ----- 6:30 PM Tai Chi	8 AM Breakfast 9 AM Men's Pool 9 AM Cardio & Strength Fl 1 9 & 10 AM Ladies' Shuffleboard 9:30 AM Railroaders ----- 7 PM Men's Pool	8 AM ROMEOs & LADIES 9:30 AM Exercise 10 AM Golf (check with Ric) ----- 1 PM Pinochle, Fl 1 1 PM Maj-Jongg (Coffee Shop) 6:30 PM Men's Bible Study Fl 1 7 PM Canasta (Coffee Shop) 7 PM Ladies' Bible Study	10 AM AG Singers rehearsal	8:30 AM NL Volunteers Breakfast
	29	30	31	Recycling pickup =  R.O.M.E.O. = Retired Old Men Eating Out and The Ladies at the Country Fare Restaurant  Coffee Shop open 8-10, M, T, W, F Closed Thursday		
	9 AM Men's Pool 9 AM Cardio & Strength Fl 1 ----- 1 PM Ladies' Bible Study Fl 1 1 PM Stitch & Chat 7 PM Men's Pool 7 PM Canasta (Coffee Shop)	9:30 AM Exercise 9:30 AM Ladies' Pool ----- 6:30 PM Tai Chi				

## ARBOR GATE RESIDENTS' BUSINESSES

### Michelle Remlinger's **AGE WELL**

*In-Home Personal Training  
& Wellness for Ages 55+*

- \*Easy and Convenient
- \*Enjoy sessions with an Experienced Trainer who is age 55+
- \*No Crowds
- \*No Travel
- \*No Intimidation
- \*No Germs

***It's All About YOU!***



**Meet Michelle**



***Improve your strength, balance and overall health in the privacy of your own home!***

**717-228-7513**

eMail: [AgeWellWithMichelle@gmail.com](mailto:AgeWellWithMichelle@gmail.com)

## Resident Notary Public at Your Service

I am available to come to your home.

Stewart Isman 5 Scenic Drive - 716-951-2169

**Notarial Fees** - Notarial fees are the fees I am permitted to charge for each type of Notarial Act as set forth by the Department of State of Pennsylvania.

Taking an acknowledgment	\$5.00
(Each additional name)	\$2.00
Administering an oath or affirmation (per individual)	\$5.00
Taking a verification on oath or affirmation	\$5.00
Witnessing or attesting a signature (per signature)	\$5.00
Certifying or attesting a copy of a record or deposition transcript (per copy)	\$5.00
Noting a protest of a negotiable instrument (per page)	\$5.00

Clerical or Administrative Fees - are not regulated by the Department of State and must be agreed upon before any notarial work is performed.

The Total Fee Is the Notarial Fee (see above) + A Clerical/Admin Fee of (\$20)

I am not an attorney to practice law in this Commonwealth. I am not allowed to draft legal records, give advice on legal matters, including immigration, or charge a fee for those activities.

## **LEIGH BEAMESDERFER**

### **BACKYARD HELPER**

Need your flower beds weeded, trees or bushes pruned or removed, or your beds Mulched?

**Call Leigh: 25 Scenic Drive: 717-507-4521**

Reasonable rates. Prompt Service.

Insured

Family owned & operated since  
2014 & located in your  
neighborhood!

*10% Discount for Residents\**

*\*some restrictions apply*



*No Wet Carpets!*

Call us today:

**717-454-4235**

**[hainscarpetcleaning.com](http://hainscarpetcleaning.com)**

# ARBOR GATE RESIDENTS' BUSINESSES

**CORWIN C. ERDMAN, INC.**  
REPRESENTING

509 W. Lincoln Avenue  
Myerstown, PA 17067

(717) 866-2857

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Auto . Life  
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Rides from An Arbor Gate Resident

To Anywhere in Daylight Hours  
Up to 60 Miles

Tom Captain 717-471-3641

Every dog has it's day.  
But the nights belong to  
us pussycats!!



**Alterations**  
**Helen Ostertag**

10 Bower Dr.  
717-628-8220



**PET SITTER**

**BERNADETTE GIRELLO**

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Tel: 717-628-5481

Cell: 732-718-0027

**DESIGNS**  
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Barbara Stoudt  
13 Springhouse Dr.  
Myerstown, PA 17067  
(717) 866-2523

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**Realty.com**

**Gordon Schneider**  
Associate Broker

**Commercial - Residential**

Office 888-774-8488 x 781

Cell 570-926-1146

Gordon@brokersrealtly.com



**Wilkes-Barre Office**  
100 N Wilkes-Barre Blvd  
Wilkes-Barre, PA 18702

**Harrisburg Office**

8150 Derry Street  
Harrisburg, PA 17111

**LOCAL BUSINESSES**



**Dutch Country**  
Hardware & Paint

**711 EAST LINCOLN AVE  
MYERSTOWN, PA 17067  
(717)866-8882**

IRVIN

**Weiler**

est. 1986

**PLUMBING, HEATING  
& AIR CONDITIONING INC.**  
FAMILY OWNED

**24/7 EMERGENCY SERVICE  
FREE ESTIMATES  
EASY FINANCING**

**SERVICE | REPAIR  
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- DRYER VENT CLEANING
- AIR DUCT CLEANING
- DUCTLESS HEAT/COOLING
- WIFI THERMOSTATS
- DRAIN CLEANING
- FAUCET REPAIRS
- WATER HEATERS
- WELL PUMPS
- TOILET REPAIRS
- TUB & SHOWER INSTALL



📍 213 E. Carpenter Ave.  
Myerstown, PA 17067

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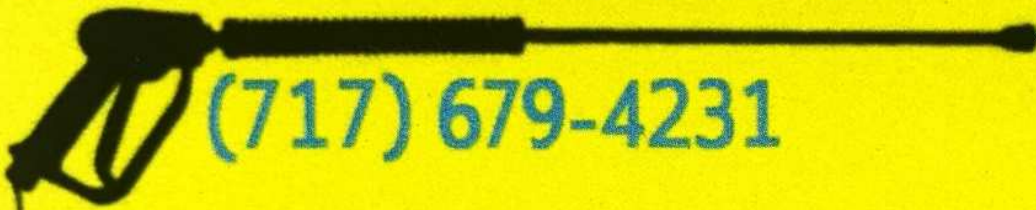
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